

NURTURE BELIEVE ACHIEVE

Welcome to Stobhill School

The Hospital Education Service (HES)

All About Me

STUFF IT'S OK TO KNOW ABOUT ME

This is to help your teachers get to know you better.

If there are any pages you don't want to fill in, then that's ok.

Please remember to put your name on the front of the booklet

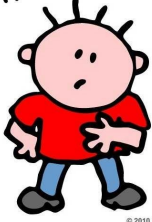


Name:

Date:

Please visit our website: www.hes.glasgow.sch.uk

who me?



Key Information

Tell us about yourself

Full name:

.....
.....

Age:

.....
.....

Hair colour:

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.....

Eye colour:

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Height:

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.....

Special talent:

.....
.....

Best TV programme:

.....
.....

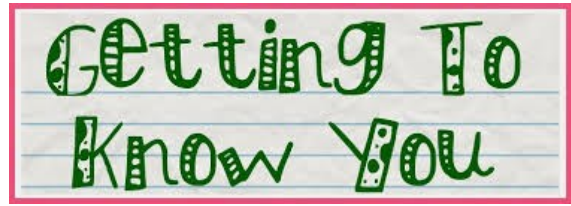
Best film:

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.....

Favourite Sport:

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.....

Stuff It's Ok To Know About Me



My Top picks...

Books:

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.....

Magazines:

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.....

Websites:

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.....

Singers/Bands:

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.....

Characters on TV:

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.....

Comedians:

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.....

Games to play:

.....
.....

Day of the week:

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.....

Time of day:

.....
.....

Stuff It's Ok To Know About Me

My Top picks...

Season:

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.....

Pick -me -ups:

.....
.....

Colour:

.....
.....

Expressions or words:

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.....

And more stuff it's OK to know about me:

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.....
.....



It's My Choice



Circle the ones most suited to you

Tea

Coffee

Casual Clothes

Smart clothes

Doing Something

Hanging out

Chilling

Being busy

Talking

Listening

Cats

Dogs

Being a morning Person

Being a night person

Knowing what will happen

Surprises

Being a leader

Being a follower

Being with others

Being by myself

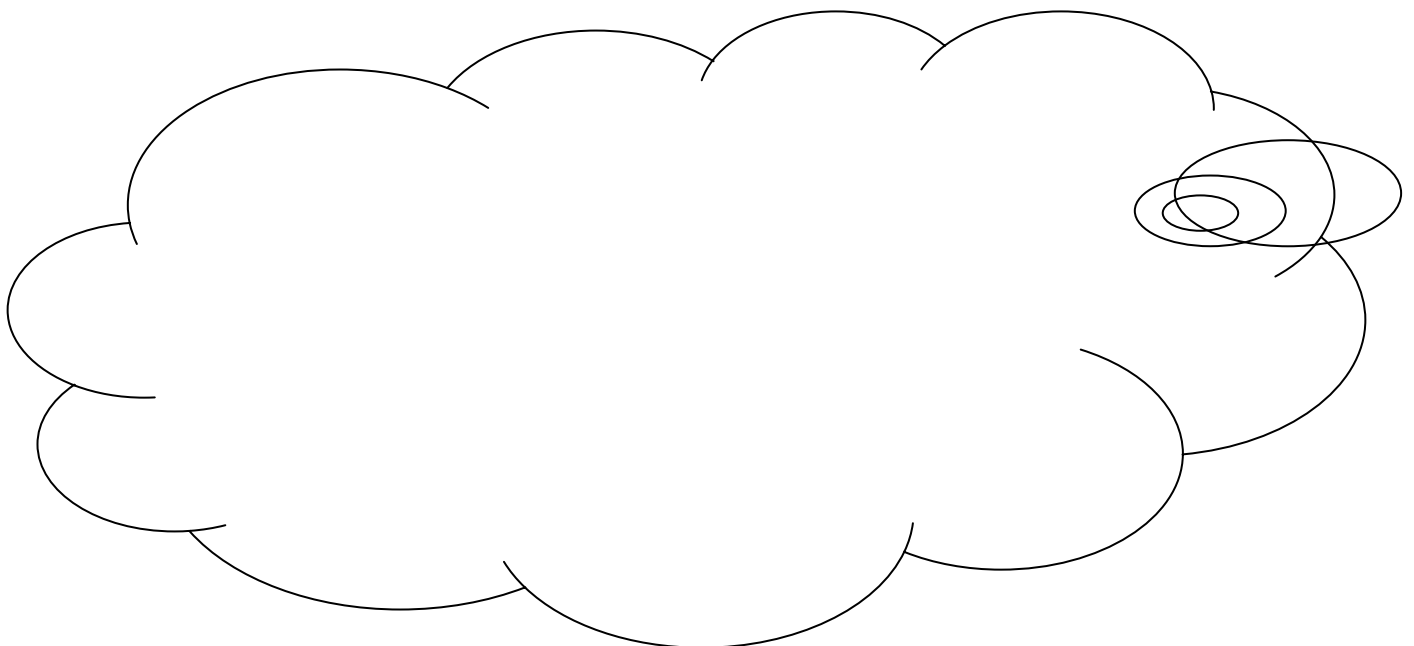
A Fresh Start

Before you start your first day at Stobhill School, imagine how you would like things to turn out...

- ◆ *Someone says hello to you on the ward*
- ◆ *A teacher smiles at you*
- ◆ *You find your way around the building*
- ◆ *You enjoy your lessons*
- ◆ *You make new friends*

What else?

- ◆ *Imagine the rest of the day...*
- ◆ *Write your thoughts in the bubble below*



Shadow Play

HOW WELL DO PEOPLE KNOW YOU?

Most people think you are

But you know you are

The World According To Me

I believe in...

I don't believe in...

Something I wish I did more of...

Something I wish I did less of...

Something I still want to do...

It's not easy being...

It's great to be...

The place where I get my best ideas is...



The World According To Me

You can never have enough...

People make too big a deal about...

People don't make a big enough deal about...

Something I really used to dislike, but now I like...

The best thing about being my age...

The worst thing about being my age...

*Thank you for taking the time to complete this booklet.
We look forward to getting to know you better at Stobhill School.*

MY THOUGHTS

Struggling? Some distraction ideas...

Time with family

Quality time with friends

Looking after pets

Talking to friends

Listen to favourite songs and artists and sing along

Worry balloon

Write your worries on a balloon and then let the balloon go or burst it


Quiet time and relaxing

Reading books

Playing video games

Focus on positives

My Notes



My Doodles

